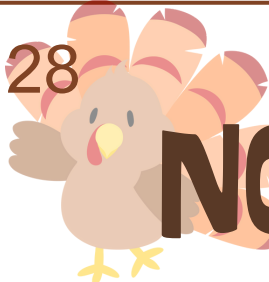
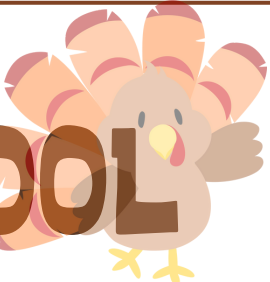


# NOVEMBER 2024 BREAKFAST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Meal Prices: Student: \$2.50 Reduced Student: \$0.30 Adult: \$3.00 Carton of Milk: \$0.50	Java House® Cold Brew Coffee is available every morning @ NHS!  *Your student MUST have money in their account to buy milk.			01 Ring Donut Or Cinnamon Toast Crunch® Cereal Bowl Everyone gets: Orange Wedges	02
03	04 French Toast Sticks w/Syrup Cup Or Honey Cheerios® Cereal Bowl Everyone gets: Diced Pears	05 Sausage Breakfast Bagel Or Honey Cheerios® Cereal Bowl Everyone gets: Mixed Fruit	06 Cinnamon Roll Or Honey Cheerios® Cereal Bowl Everyone gets: Diced Peaches	07 Blueberry Donut Holes Or Honey Cheerios® Cereal Bowl Everyone gets: Assorted Dried Fruit	08 Chocolate Tiger Bites & Yogurt Cup Or Honey Cheerios® Cereal Bowl Everyone gets: Strawberry Applesauce Cup	09
10	11 Mini Cinnis® Or Blueberry Chex® Cereal Bowl Everyone gets: Applesauce Cup	12 Sausage, Egg, & Cheese Breakfast Croissant Or Blueberry Chex® Cereal Bowl Everyone gets: Dried Cranberries	13 Biscuits & Gravy: BMS & NHS only Blueberry Waffles w/Syrup: Elementary only Or Blueberry Chex® Cereal Bowl Everyone gets: Orange Wedges	14 Frosted Long John Or Blueberry Chex® Cereal Bowl Everyone gets: Raisins	15 Pilgrim Parfait Or Blueberry Chex® Cereal Bowl Everyone gets: Apple Slices	16
17	18 Apple Frudel® Or Lucky Charms® Cereal Bowl Everyone gets: Diced Pears	19 Bacon Breakfast Pizza Or Lucky Charms® Cereal Bowl Everyone gets: Mixed Fruit	20 Sausage & Pancake Wrap w/Syrup Cup Or Lucky Charms® Cereal Bowl Everyone gets: Diced Peaches	21 Blueberry Muffin Top Or Lucky Charms® Cereal Bowl Everyone gets: Assorted Dried Fruit	22 Mini Chocolate Donuts Or Lucky Charms® Cereal Bowl Everyone gets: Applesauce Cup	23
24	25 Pop Tarts® Or Cocoa Puffs® Cereal Bowl Everyone gets: Peach Applesauce Cup	26 Sausage, Egg, & Cheese Biscuit Or Cocoa Puffs® Cereal Bowl Everyone gets: Dried Cranberries	27 Pancakes w/Syrup Cup Or Cocoa Puffs® Cereal Bowl Everyone gets: Orange Wedges	28  <b>NO SCHOOL</b>	29  <b>NO SCHOOL</b>	30

# NOVEMBER 2024 Elementary Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
This institution is an equal opportunity provider. Menus are subject to change without notice.		Each student gets a choice of option 1 or option 2. They must also choose the fruit or the veggie, or both!			<b>1</b> Option 1: Cheese Pizza Option 2: Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Baby Carrots w/Ranch Cup Frozen Watermelon Fruit Cups	<b>2</b>
<b>3</b>	<b>4</b> Option 1: Mini Confetti Pancakes w/Syrup Cup Egg Patties Option 2: Turkey & Cheese Deli Sandwich Choice of: Cucumber Slices w/Ranch Cup Sliced Strawberries	<b>5</b> Option 1: NEW! Chicken & Cheese Crisпитos® Option 2: Chicken Strip Wrap Choice of: Cook's Choice of Beans Diced Pears	<b>6</b> Option 1: Chicken Strips Breadstick Option 2: Ham & Cheese Deli Sandwich Choice of: Mashed Potatoes Assorted Fruit	<b>7</b> Option 1: Mini Corn Dogs Option 2: Cardinal Kid Pack Choice of: Sweet Potato Fries Sour Orange Burst Raisins	<b>8</b> Option 1: Pizza Crunchers w/Marinara Cup Option 2: Yogurt Cup, String Cheese, & Blueberry Muffin Top Choice of: Broccoli w/Cheese Sauce Orange Wedges	<b>9</b>
<b>10</b>	<b>11</b> Option 1: Eggo® Waffles w/Syrup Cup Cheese Omelet Option 2: Turkey & Cheese Deli Sandwich Choice of: Steamed Snap Peas Mandarin Oranges	<b>12</b> Option 1: Pepperoni Pizza Option 2: Chicken Strip Wrap Choice of: Garden Spinach Salad Apple Slices	<b>13</b> Option 1: Chili & Cinnamon Rolls Option 2: Ham & Cheese Deli Sandwich Choice of: Baby Carrots w/Ranch Cup Dried Cherries	<b>14</b> Option 1: Shredded Turkey Gravy Croissant w/Butter Option 2: Cardinal Kid Pack Choice of: Mashed Potatoes Cinnamon Baked Apples	<b>15</b> Option 1: Mozzarella Sticks w/Marinara Cup Option 2: Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Baked Beans Frozen Fruit Cups	<b>16</b>
<b>17</b>	<b>18</b> Option 1: Poffitz® Mini Pancakes w/Syrup Cup Egg Patties Option 2: Turkey & Cheese Deli Sandwich Choice of: Green Beans Mixed Fruit	<b>19</b> Option 1: Beef Nachos Option 2: Chicken Strip Wrap Choice of: Texas Ranchero Beans Rosy Applesauce	<b>20</b> Option 1: Popcorn Chicken Breadstick Option 2: Ham & Cheese Deli Sandwich Choice of: Mashed Potatoes Red Grapes	<b>21</b> Option 1: All-Beef Hot Dog Option 2: Cardinal Kid Pack Choice of: Sweet Potato Fries Sour Fruit Splash Raisins	<b>22</b> Option 1: Bosco® Sticks w/Marinara Cup Option 2: Yogurt Cup, String Cheese, & Blueberry Muffin Top Choice of: Broccoli w/Cheese Sauce Orange Wedges	<b>23</b>
<b>24</b>	<b>25</b> No staff salads this week Option 1: Funnel Cake w/Syrup Cup Cheese Omelet Option 2: Turkey & Cheese Deli Sandwich Choice of: Steamed Cauliflower Sliced Strawberries	<b>26</b> No staff salads this week Option 1: Spaghetti w/Meat Sauce Garlic Knot Option 2: Chicken Strip Wrap Choice of: Edamame Diced Pears	<b>27</b> No staff salads this week Option 1: Breaded Chicken Sandwich Option 2: Ham & Cheese Deli Sandwich Choice of: Crinkle Cut Fries Assorted Fruit	<b>28</b> <b>No School</b>	<b>29</b>	<b>30</b>



# NOVEMBER BMS LUNCH MENU



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	This institution is an equal opportunity provider. Menus are subject to change without notice.	Students must have money in their meal accounts to buy ala carte, 2nd meals, or a milk.	An Uncrustable® & string cheese are available daily as another menu option.		1 Main Line: Cheese Pizza Alternate Line: Chicken Strips & Fries Taco Stick w/Queso Salad: Apple Strawberry Chicken Salad w/Blueberry Muffin Choice of: Baby Carrots w/Ranch Cup Frozen Watermelon Fruit Cups	2
3	4 Main Line: Dutch Waffle Sticks w/Syrup Cup Egg Patties Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Onion Rings Soft Pretzel w/Cheese Sauce Salad: Chef Salad w/Croissant Choice of: Cucumber Slices w/Ranch Cup Sliced Strawberries	5 Main Line: NEW! Chicken & Cheese Crisпитos® Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Stuffed Crust Pizza Salad: Chef Salad w/Croissant Choice of: Cook's Choice of Beans Tortilla Chips & Salsa Cup Diced Pears	6 Main Line: Chicken Strips Breadstick Ham & Cheese Hoagie Alternate Line: Wild Mike's® Cheese Bites w/Marinara Cup Pepperoni Pizza Salad: Chef Salad w/Croissant Choice of: Mashed Potatoes Assorted Fruit	7 Main Line: Mini Corn Dogs Italian Deli Sandwich Alternate Line: Orange Chicken over Steamed Rice Nachos Salad: Chef Salad w/Croissant Choice of: Sweet Potato Fries Sour Orange Burst Raisins	8 Main Line: Pizza Crunchers w/Marinara Cup Alternate Line: Popcorn Chicken w/Fries Stuffed Crust Pizza Salad: Chef Salad w/Croissant Choice of: Broccoli w/Cheese Sauce Orange Wedges	9
10	11 Main Line: Chicken & Waffles w/Syrup Cup Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Fries Soft Pretzel w/Cheese Sauce Salad: Chicken Caesar w/Breadstick Everyone gets their choice of: Steamed Snap Peas Mandarin Oranges	12 Main Line: Pepperoni Pizza Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Cook's Choice of 2nd Item Salad: Chicken Caesar w/Breadstick Choice of: Garden Spinach Salad Apple Slices	13 Main Line: Chili & Cinnamon Roll Ham & Cheese Hoagie Alternate Line: Cheese Pizza Buffalo Chicken Bites w/Tots Salad: Chicken Caesar w/Breadstick Choice of: Mashed Potatoes Dried Cherries	14 Main Line: Shredded Turkey Gravy Croissant w/Butter Italian Deli Sandwich Alternate Line: Nachos Salad: Italian Dunkers w/Marinara Cup Choice of: Chicken Caesar w/Breadstick Frozen Fruit Cup	15 Main Line: Mozzarella Sticks w/Marinara Cup Alternate Line: Chicken Nuggets & Fries Pizza Salad: Chicken Caesar w/Breadstick Choice of: Baked Beans Frozen Fruit Cup	16
17	18 Main Line: Biscuits & Gravy, Egg Patties Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Onion Rings Soft Pretzel w/Cheese Sauce Salad: Chef Salad w/Croissant Choice of: Green Beans Mixed Fruit	19 Main Line: Beef Nachos Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Stuffed Crust Pizza Salad: Chef Salad w/Croissant Choice of: Texas Ranchero Beans Rosy Applesauce	20 Main Line: Popcorn Chicken Breadstick Ham & Cheese Hoagie Alternate Line: Garlic Cheesy Bread Bosco® Sticks Salad: Chef Salad w/Croissant Choice of: Mashed Potatoes Red Grapes	21 Main Line: All-Beef Hot Dog Italian Deli Sandwich Alternate Line: Sweet & Sour Chicken w/ Steamed Rice Nachos Salad: Chef Salad w/Croissant Choice of: Sweet Potato Fries Sour Fruit Splash Raisins	22 Main Line: Bosco® Sticks w/Marinara Cup Alternate Line: Chicken Nuggets & Fries Stuffed Crust Pizza Salad: Chef Salad w/Croissant Choice of: Broccoli w/Cheese Sauce Orange Wedges	23
25	26 Main Line: Spaghetti w/Meat Sauce Garlic Knot Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Cheese Pizza Salad: No salads this week. Choice of: Edamame Diced Pears	27 Main Line: Breaded Chicken Sandwich Ham & Cheese Hoagie Alternate Line: Pizza Crunchers w/Marinara Cup Burrito w/Nacho Cheese Sauce Salad: No salads this week. Choice of: Crinkle Cut Fries Assorted Fruit	28 NO SCHOOL	29	30	

# NOVEMBER NHS LUNCH 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	This institution is an equal opportunity provider. Menus are subject to change without notice.	Students must have money in their meal accounts to buy ala carte, 2nd meals, or a milk.	An Uncrustable® & string cheese are available daily as another menu option.		<b>1</b> Main Line: Cheese Pizza Alternate Line: Pizza Crunchers w/Marinara Cup Chicken Strips & Fries Cook's Choice of 3rd Item Salad: Apple Strawberry Chicken Salad w/Blueberry Muffin Choice of: Baby Carrots w/Ranch Cup Frozen Watermelon Fruit Cups	<b>2</b>
<b>3</b>	<b>4</b> Main Line: Dutch Waffle Sticks w/Syrup Cup & Bacon Slices & Egg Patties Alternate Line: Nashville Hot Chicken Strips or Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Turkey & Cheese Hoagie Choice of: Cucumber Slices w/Ranch Cup or Sliced Strawberries	<b>5</b> Main Line: NEW! Chicken & Cheese Crispos® Alternate Line: Breaded Chicken Sandwich & Tots or Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Chicken Strip Wrap Choice of: Cook's Choice of Beans Diced Pears	<b>6</b> Main Line: Chicken Strips & Breadstick Alternate Line: Cheeseburger & Onion Rings Mozzarella Sticks w/Marinara Cup Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Ham & Cheese Hoagie Choice of: Mashed Potatoes or Assorted Fruit	<b>7</b> Main Line: Mini Corn Dogs Alternate Line: Chicken Drumsticks Bratwurst & Fries Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Italian Deli Combo Choice of: Sweet Potato Fries or Assorted Fruit	<b>8</b> Main Line: Pizza Crunchers w/Marinara Cup Alternate Line: Cheeseburger & Fries Stuffed Crust Pizza Dill Chicken Bites & Fries Salad: Chef Salad w/Croissant Choice of: Broccoli w/Cheese Sauce Orange Wedges	<b>9</b>
<b>10</b>	<b>11</b> Main Line: Chicken & Waffles w/Syrup Cup Alternate Line: Cheeseburger & Fries Popcorn Chicken Cook's Choice of 3rd Item Salad: Chicken Caesar w/Breadstick Cold Sandwich: Turkey & Cheese Hoagie Choice of: Steamed Snap Peas & Mandarin Oranges	<b>12</b> Main Line: Pepperoni Pizza Alternate Line: Breaded Chicken Sandwich & Tots Cook's Choice of 2nd & 3rd Item Salad: Chicken Caesar w/Breadstick Cold Sandwich: Chicken Strip Wrap Choice of: Garden Spinach Salad Apple Slices	<b>13</b> Main Line: Chili & Cinnamon Roll Alternate Line: Bacon Cheeseburger & Fries Grilled Chicken Sandwich & Fries Cook's Choice of 3rd Item Salad: Chicken Caesar w/Breadstick Cold Sandwich: Ham & Cheese Hoagie Choice of: Baby Carrots w/Ranch or Dried Cherries	<b>14</b> Main Line: Shredded Turkey Gravy & Croissant w/Butter Alternate Line: Teriyaki Chicken over Steamed Rice Pork Tenderloin Sandwich & Tots Cook's Choice of 3rd Item Salad: Chicken Caesar w/Breadstick Cold Sandwich: Italian Deli Combo Choice of: Mashed Potatoes & Cinnamon Baked Apples	<b>15</b> Main Line: Mozzarella Sticks w/Marinara Cup Alternate Line: Chicken Nuggets Assorted Pizza Cook's Choice of 3rd Item Salad: Chicken Caesar w/Breadstick Choice of: Baked Beans Frozen Fruit Cup	<b>16</b>
<b>17</b>	<b>18</b> Main Line: Biscuits & Gravy w/Egg Patties Alternate Line: Dill Chicken Bites & Fries Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Turkey & Cheese Hoagie Choice of: Green Beans or Mixed Fruit	<b>19</b> Main Line: Beef Nachos Alternate Line: Breaded Chicken Sandwich & Tots Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Chicken Strip Wrap Choice of: Texas Ranchero Beans or Applesauce	<b>20</b> Main Line: Popcorn Chicken Bowl & Breadstick Alternate Line: Cheeseburger & Onion Rings Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Ham & Cheese Hoagie Choice of: Mashed Potatoes or Red Grapes	<b>21</b> Main Line: Pasta Bar (Choice of Meat Sauce, Alfredo Sauce) Alternate Line: Garlic Toast Sweet & Sour Chicken over Steamed Rice Stuffed Crust Pizza Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Cold Sandwich: Italian Deli Combo Choice of: Sweet Potato Fries or Assorted Fruit	<b>22</b> Main Line: Bosco® Sticks w/Marinara Cup Alternate Line: Buffalo Chicken Bites w/Fries Soft Pretzel w/Cheese Sauce Cook's Choice of 3rd Item Salad: Chef Salad w/Croissant Choice of: Broccoli w/Cheese Sauce Orange Wedges	<b>23</b>
<b>24</b>	<b>25</b> Main Line: Funnel Cake w/Syrup Cup Cheese Omelet & Sausage Patties Alternate Line: Cheeseburger & Fries Cheese Pizza Cook's Choice of 3rd Item No salad this week. Cold Sandwich: Turkey & Cheese Hoagie Choice of: Steamed Cauliflower or Sliced Strawberries	<b>26</b> Main Line: Spaghetti w/Meat Sauce & Garlic Knot Alternate Line: Breaded Chicken Sandwich & Tots Cheese Pizza Cook's Choice of 3rd Item No salad this week. Cold Sandwich: Chicken Strip Wrap Choice of: Edamame Diced Pears	<b>27</b> To-Go Lunch @ 1:45: Italian Deli Combo Sandwich OR Uncrustable® Assorted Chips Baby Carrots w/Ranch Cups Assorted Fruit Assorted Cookies	<b>28</b>	<b>29</b>	<b>30</b>
				<b>NO SCHOOL</b>		

# NOVEMBER WEST LUNCH

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		This institution is an equal opportunity provider. Menus are subject to change without notice.			Option 1: Cheese Pizza Option 2: Apple Strawberry Chicken Salad w/Blueberry Muffin Option 3: Uncrustable® w/String Cheese Choice of: Baby Carrots w/Ranch Cup Frozen Watermelon Fruit Cups			
3	Option 1: Dutch Waffle Sticks w/Syrup Cup Bacon Slices & Egg Patties Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Turkey & Cheese Hoagie Choice of: Cucumber Slices w/Ranch Cup Sliced Strawberries	4	Option 1: NEW! Chicken & Cheese Crisпитos® Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Chicken Strip Wrap Choice of: Cook's Choice of Beans Diced Pears	5	Option 1: Chicken Strips & Breadstick Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Ham & Cheese Hoagie Choice of: Mashed Potatoes Assorted Fruit	6	Option 1: Mini Corn Dogs Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Italian Deli Combo Choice of: Sweet Potato Fries Assorted Fruit	
10	Option 1: Chicken & Waffles w/Syrup Cup Option 2: Chicken Caesar w/Breadstick Option 3: Uncrustable® w/String Cheese Option 4: Turkey & Cheese Hoagie Choice of: Steamed Snap Peas Mandarin Oranges	11	Option 1: Pepperoni Pizza Option 2: Chicken Caesar w/Breadstick Option 3: Uncrustable® w/String Cheese Option 4: Chicken Strip Wrap Choice of: Garden Spinach Salad Apple Slices	12	Option 1: Chili & Cinnamon Roll Option 2: Chicken Caesar w/Breadstick Option 3: Uncrustable® w/String Cheese Option 4: Ham & Cheese Hoagie Choice of: Baby Carrots w/Ranch Dried Cherries	13	Option 1: Shredded Turkey & Croissant w/Butter Option 2: Chicken Caesar w/Breadstick Option 3: Uncrustable® w/String Cheese Option 4: Italian Deli Combo Choice of: Mashed Potatoes Cinnamon Baked Apples	
17	18	Option 1: Beef Nachos Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Chicken Strip Wrap Choice of: Texas Ranchero Beans Applesauce	19	Option 1: Popcorn Chicken Bowl & Breadstick Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Ham & Cheese Hoagie Choice of: Mashed Potatoes Red Grapes	20	Option 1: Pasta Bar (Choice of Meat or Alfredo Sauce) Garlic Toast Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Option 4: Italian Deli Combo Choice of: Sweet Potato Fries or Assorted Fruit	21	Option 1: Bosco® Sticks w/Marinara Cup Option 2: Chef Salad w/Croissant Option 3: Uncrustable® w/String Cheese Choice of: Broccoli w/Cheese Sauce Orange Wedges
24	25	Option 1: Funnel Cake w/Syrup Cup Cheese Omelet & Sausage Patties No salad this week. Option 2: Uncrustable® w/String Cheese Option 3: Turkey & Cheese Hoagie Choice of: Steamed Cauliflower Sliced Strawberries	26	Option 1: Spaghetti w/Meat Sauce & Garlic Knot No salad this week. Option 2: Uncrustable® w/String Cheese Option 3: Chicken Strip Wrap Choice of: Edamame Diced Pears	27	28	29	30
					<h2>NO SCHOOL</h2>			