BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menus are subject to change without notice	This institution is an equal opportunity provider.					
2	Cinnamon Pretzel 3 OR Assorted Cereal Bowls Everyone gets: Applesauce Cup	Bacon, Egg, & Cheese 4 Biscuit OR Assorted Cereal Bowls Everyone gets: Dried Cranberries	Poffitz® Mini Pancakes w/Syrup Cup NHS only: Sausage Breakfast Flatbread OR Assorted Cereal Bowls Everyone gets: Banana	Double Chocolate Muffin Top OR Assorted Cereal Bowls Everyone gets: Raisins	Ring Donut 7 OR Assorted Cereal Bowls Everyone gets: Orange Wedges	8
9	French Toast Sticks W/Syrup Cup OR Assorted Cereal Bowls Everyone gets: Diced Pears	Sausage 11 Breakfast Bagel OR Assorted Cereal Bowls Everyone gets: Mixed Fruit	Cinnamon Roll 12 OR Assorted Cereal Bowls Everyone gets: Diced Peaches	Blueberry Donut Hole§ 3 in a Cup OR Assorted Cereal Bowls Everyone gets: Dried Cherries	Chocolate Tiger Bites® w/Yogurt Cup OR Assorted Cereal Bowls Everyone gets: Strawberry Applesauce Cup	15
16	NO SCHOOL	Sausage, Egg, & 18 Cheese Croissant OR Assorted Cereal Bowls Everyone gets: Dried Cranberries	Mini Cinnis® 19 OR Assorted Cereal Bowls Everyone gets: Orange Wedges	Frosted Long John 20 OR Assorted Cereal Bowls Everyone gets: Raisins	Cocoa Puffs® Parfait 21 OR Assorted Cereal Bowls Everyone gets: Strawberries	22
23	Professional Development Day NO SCHOOL	Bacon Breakfast 25 Pizza OR Assorted Cereal Bowls Everyone gets: Mixed Fruit	Sausage/Pancake Wrap w/Syrup Cup OR Assorted Cereal Bowls Everyone gets: Diced Peaches	Cherry Frudel® 27 OR Assorted Cereal Bowls Everyone gets: Diced Pears	Mini Chocolate Donut 28 OR Assorted Cereal Bowls Everyone gets: Applesauce Cup	

All breakfasts are served with the choice of 1% unflavored or skim chocolate milk. Students may also choose 100% orange juice.

*Java House® Iced Coffee is available @ NHS every morning. *

ELEMENTARY LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menus are subject to change without notice	This institution is an equal opportunity provider.	Each student gets a choice of option 1 or option 2. They must also choose the fruit, the veggie, or both!				1
2	Pancakes w/Syrup Cheese Omelet OR Turkey & Cheese Sandwich Choice of: Tater Tots Mixed Fruit	Chicken Bacon Ranch Pasta Breadstick OR Chicken Strip Wrap Choice of: Tossed Romaine Salad Rosy Applesauce	Orange Chicken w/Steamed Rice OR Ham & Cheese Sandwich Choice of: Stir-Fry Veggies Red Grapes	Hot Ham & Cheese Sandwich OR Cardinal Kid Pack Choice of: Baked Beans Sour Mixed Berry Raisins	Cheese Pizza OR Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Baby Carrots w/Ranch Frozen Fruit Cups	8
9	Mini Confetti Pancakes W/Syrup Cup Egg Patties OR Turkey & Cheese Sandwich Choice of: Cucumber Slices w/Ranch Sliced Strawberries	Crispitos® 17 w/Chili & Cheese OR Chicken Strip Wrap Choice of: Cook's Choice of Beans Diced Pears	Chicken Strips OR Ham & Cheese Sandwich Choice of: Mashed Potatoes Assorted Fruit	Corn Dog OR Cardinal Kid Pack Choice of: Sweet Potato Fries Sour Orange Burst Raisins	Wild Mike's Cheese Bites w/Marinara Cup OR Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Broccoli w/Cheese Sauce Orange Wedges 'toe Cream Sandwich @ EH; Cookies @ TJ & WW	15
16	NO SCHOOL	Eggo® Waffles w/Syrup18 Cheese Omelet OR Chicken Strip Wrap Choice of: Steamed Snap Peas Mandarin Oranges	Chicken Nuggets OR Ham & Cheese Sandwich Choice of: Smiley Fries Dried Cherries	Jumbo Cheese Ravioli w/Marinara OR Cardinal Kid Pack Choice of: Garden Spinach Salad Assorted Sour Raisins	French Bread Cheese Pizza w/Marinara Cup OR Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Baked Beans Frozen Fruit Cups	22
23	Professional 24 Development Day NO SCHOOL	Beef Nachos OR Chicken Strip Wrap Choice of: Texas Ranchero Beans Rosy Applesauce	Popcorn Chicken OR Ham & Cheese Sandwich Choice of: Mashed Potatoes Red Grapes	All-Beef Hot Dog OR Cardinal Kid Pack Choice of: Sweet Potato Fries Sour Fruit Splash Raisins	Bosco® Sticks w/Marinara OR Yogurt Cup, String Cheese, & Chocolate Muffin Top Choice of: Broccoli w/Cheese Sauce Bananas	

BMS Lunch

February 20

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salad of the Week: Apple Strawberry Chicken Salad w/Blueberry Muffin	Main Line: Pancakes w/Syrup Cup Cheese Omelet Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Fries Soft Pretzel w Cheese Choice of: Tater Tots Mixed Fruit	Main Line: Chicken Bacon Ranch Pasta Breadstick Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Pepperoni Pizza Choice of: Tossed Romaine Salad Rosy Applesauce	Main Line: 5 Orange Chicken w/Steamed Rice Ham & Cheese Hoagie Alternate Line: Italian Dunkers w/Marinara Nachos Choice of: Stir-Fry Veggies Red Grapes	Main Line: Hot Ham & Cheese Sandwich Italian Deli Sandwich Alternate Line: Taco Burger & Tots Pepperoni Pizza Choice of: Baked Beans Sour Mixed Berry Raisins	Main Line: 7 Cheese Pizza Alternate Line: Chicken Strips & Fries Taco Stick w/Queso Choice of: Baby Carrots w/Ranch Frozen Fruit Cups	Menus are subject to change without notice
Salad of the Week: Chef Salad w/Croissant	Main Line: Dutch Waffle Sticks w/Syrup Egg Patties Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Onion Rings Soft Pretzel w/Cheese Sauce Choice of: Cucumber Slices w/Ranch Sliced Strawberries	Main Line: 11 Crispitos® w/Chili & Cheese Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Stuffed Crust Pizza Choice of: Cook's Choice of Beans Diced Pears	Main Line: 12 Chicken Strips Ham & Cheese Hoagie Alternate Line: Pizza Crunchers w/Marinara Pepperoni Pizza Choice of: Mashed Potatoes Assorted Fruit	Main Line: Corn Dog Italian Deli Sandwich Alternate Line: Orange Chicken w/Steamed Rice Nachos Choice of: Sweet Potato Fries Sour Orange Burst Raisins	Main Line: Wild Mike's® Cheese Bites w/Marinara Cup Alternate Line: Popcorn Chicken w/Fries Stuffed Crust Pizza Choice of: Broccoli w/Cheese Sauce Orange Wedges Ice Cream Sandwich	Each student gets a choice of option 1 or option 2. They must also choose the fruit, the veggie, or both!
Salad of the Week: Chicken Caesar w/Breadstick	NO SCHOOL	Main Line: Chicken & Waffles w/Syrup Cup Turkey & Cheese Hoagie Alternate Line: Cheeseburger & Fries Soft Pretzel w/Cheese Sauce Choice of: Steamed Snap Peas Mandarin Oranges	Main Line: Chicken Nuggets Ham & Cheese Sandwich Alternate Line: Cheese Pizza Buffalo Chicken Bites w/Tots Choice of: Smiley Fries Dried Cherries	Main Line: Jumbo Cheese Ravioli w/Marinara Italian Deli Sandwich Alternate Line: Nachos Italian Dunkers w/Marinara Choice of: Garden Spinach Salad Assorted Sour Raisins	Main Line: French Bread Cheese Pizza w/Marinara Cup Alternate Line: Chicken Nuggets & Fries Pizza Choice of: Baked Beans Frozen Fruit Cup	This institution is an equal opportunity provider.
Salad of the Week: Chef Salad w/Croissant	Professional Profe	Main Line: Beef Nachos Chicken Strip Wrap Alternate Line: Breaded Chicken Sandwich & Tots Stuffed Crust Pizza Choice of: Texas Ranchero Beans Rosy Applesauce	Main Line: Popcorn Chicken Ham & Cheese Hoagie Alternate Line: Garlic Cheesy Bread Bosco® Sticks Choice of: Mashed Potatoes Red Grapes	Main Line: All-Beef Hot Dog Italian Deli Sandwich Alternate Line: Sweet & Sour Chicken over Steamed Rice Nachos Choice of: Sweet Potato Fries Sour Fruit Splash Raisins	Main Line: Bosco® Sticks w/Marinara Cup Alternate Line: Chicken Nuggets & Fries Stuffed Crust Pizza Salad of the Week: Choice of: Broccoli w/Cheese Sauce Bananas	



February 2025

Sunday		Monday		Tuesday		Wednesday	Thursday		friday	Saturday
Salad of the Week: Apple Strawberry Chicken Salad w/Blueberry Muffin	2	Main Line: Pancakes w/Syrup Cup Cheese Omelet Sausage Patties Uncrustable®, String Cheese, & Goldfish® Alternate Line: Cheeseburger & Fries Pepperoni Pizza Cook's Choice of 3rd Item Choice of: Tater Tots Mixed Fruit	Uncrusi Cheese Alternai Breade Sandwi Pepper Cook's (Choice	ick able®, String & Goldfish® e Line: I Chicken sh & Amp; Tots oni Pizza Choice of 3rd Item of Romaine Salad	sta 4	Main Line: Orange Chicken w/Steamed Rice Uncrustable®, String Cheese, & Goldfish® Alternate Line: Bacon Cheeseburger & Fries Spicy Chicken Nuggets & Fries Cook's Choice of 3rd Item Choice of: Stir-Fry Veggies Red Grapes	Main Line: Hot Ham & Cheese Sandwich Uncrustable®, String Cheese, & Goldfish® Alternate Line: Popcorn Chicken Mr. Rib & Tots Cook's Choice of 3rd Item Choice of: Baked Beans Fruit Fluff	J	Main Line: Cheese Pizza Uncrustable®, String Cheese, & Goldfish® Alternate Line: Pizza Crunchers w/Marina Chicken Strips & Fries Cook's Choice of 3rd Item Choice of: Baby Carrots w/Ranch Frozen Fruit Cups	Menus are subject to change without notice
Salad of the Week: Chef Salad w/Croissant		Main Line: Dutch Waffle Sticks w/Syrup Cup Bacon Slices & Egg Patties Uncrustable®, String Cheese, & Amp; Goldfish® Alternate Line: Nashville Hot Chicken Strips Stuffed Crust Pizza Cook's Choice of 3rd Item Choice of: Cucumber Slices w/Ranch Sliced Strawberries	Uncrust Cheese Alterna Breade Sandwi Stuffed Cook's Choice	is® w/Chili & Chee able®, String & Goldfish® e Line: d Chicken sh & Tots Crust Pizza Choice of 3rdl tem of: choice of Beans	ese'	Main Line: Chicken Strips Breadstick Uncrustable®, String Cheese, & Goldfish® Alternate Line: Cheeseburger & Onion Rings Mozzarella Sticks w/Marinara Cup Cook's Choice of 3rd Item Choice of: Mashed Potatoes Assorted Fruit	Main Line: Corn Dog Uncrustable®, String Cheese, & Goldfish® Atternate Line: Chicken Drumsticks Dill Chicken Bites & Fries Cook's Choice of 3rd Item Choice of: Sweet Potato Fries Assorted Fruit	J	Main Line: Wild Mike's Cheese Bites w/Marinara Cup Uncrustable®, String Cheese, & Goldfish® Alternate Line: Bacon Cheeseburger & Fr Stuffed Crust Pizza Choice of: Broccoli w/Cheese Sauce Orange Wedges Cookies	Each student gets a choice of option 1 or option 2. They must also choose the fruit, the veggie, or both!
Salad of the Week: Chicken Caesar Salad w/Garlic Knot	16	NO SCHOOL	w/Syru Uncrust Cheese Alternat Cheese Popcort Cook's Choice Steame	& Waffles o Cup able®, String & Goldfish® e Line: ourger & Fries o Chicken Choice of 3rd Item	10	Main Line: Chicken Nuggets Uncrustable®, String Cheese, & Goldfish® Alternate Line: Bacon Cheeseburger & Fries Buffalo Chicken Bites & Fries Cook's Choice of 3rd Item Choice of: Twister Fries Dried Cherries	Main Line: Chicken Nuggets Uncrustable®, String Cheese, & Goldfish® Alternate Line: Bacon Cheeseburger & Frie Buffalo Chicken Bites & Frie Cook's Choice of 3rd Item Choice of: Twister Fries Dried Cherries		Main Line: French Bread Cheese Pizza w/Marinara Cup Uncrustable®, String Cheese, & Goldfish® Alternate Line: Chicken Nuggets & Tots Assorted Pizza Cook's Choice of 3rd Iten Choice of: Baked Beans Frozen Fruit Cup	This institution is an equal opportunity provider.
Salad of the Week: Chef Salad w/Croissant	23	Professional Development Day NO SCHOOL	Uncrus Cheese Alterna Breade Sandwi Stuffed Cook's Choice	achos able®, String , & Goldfish® te Line: d Chicken ch & Tots Crust Pizza Choice of 3rd Item of: anchero Beans	25	Main Line: Popcorn Chicken Bowl Breadstick Uncrustable®, String Cheese, & Goldfish® Alternate Line: Bacon Cheeseburger & Onion Rings Stuffed Crust Pizza Cook's Choice of 3rd Item Choice of: Mashed Potatoes Red Grapes	Main Line: Pasta Bar Meat Sauce or Alfredo Sauce Garlic Toast Uncrustable®, String Cheese, & Goldfish® Alternate Line: Sweet & Sour Chicken over Steamed Rice Stuffed Crust Pizza Cook's Choice of 3rd Item Choice of: Sweet Potato Fries Assorted Fruit	7	Main Line: Bosco® Sticks w/Marinara Cup Uncrustable®, String Cheese, & Goldfish® Atternate Line: Buffalo Chicken Pizza Soft Pretzel w/Cheese Sa Cook's Choice of 3rd Item Choice of: Broccoli w/Cheese Sauce Bananas	