

Wellness Policy Assessment (District Policy Descriptor code 504.11)

 <p>Goal- JANUARY 2019 ASSESSMENT</p>	Meeting Expectations (Yes or No)	Progress towards goal
<p>NUTRITION EDUCATION AND PROMOTION The school district will provide nutrition education and engage in nutrition promotion that:</p>	YES	HS-Health education classes include standards on proper diet and nutrition.
<ul style="list-style-type: none"> promotes fruits, vegetables, whole---grain products, low---fat and fat---free dairy products, healthy food preparation methods, and health---enhancing nutrition practices 	YES	Following Offer VS Serve for all grade levels. Following standards for Health education classes.
<ul style="list-style-type: none"> helps students understand preventive physical health measures, including proper diet and nutrition 	YES	Following standards for Health education classes
<p>PHYSICAL ACTIVITY The school district will strive to provide students opportunities for physical activity based upon state/federal guidelines. The school district will provide physical education that:</p>	YES	Following state/federal guidelines for physical education.
<ul style="list-style-type: none"> helps develop healthy students and lifelong learners in a safe and respectful environment by educating the whole child (mind, body, and spirit) with community involvement playing an influential role in development. 	YES	Following goal of Physical education Department through Standards, Benchmarks, and Objectives of program.
<p>OTHER SCHOOL---BASED ACTIVITIES THAT PROMOTE STUDENT AND STAFF WELLNESS Communication with Parents The school district will support parents' efforts to provide a healthy diet and daily physical activity for their children. The school district will:</p>	YES	Following Offer VS Serve
<ul style="list-style-type: none"> provide nutrient analyses of school menus 	In Progress	Looking into Primeroedge for use of an "app" with complete nutrient analysis Other Apps available
<ul style="list-style-type: none"> provide opportunities for nutrition staff to communicate with PTO's 	YES	Nutrition department staff with all BMS students in Dec 2018. PTO contacts questions to Supervisor. Handouts at registration , emails & webpage.
<ul style="list-style-type: none"> provide information about school---based physical activity opportunities 	YES	HS-Sports offered daily. Open Gym daily. Elem.-Physical activity programs in the community are distributed to parents by email, Infinite Campus, flyers. BMS-PE, after school activities & classroom settings. West-Sign off forms.
<p>Food Marketing in Schools School---based marketing will be consistent with state/federal guidelines, nutrition education, and health promotion. The school district will:</p>	YES	All food marketed/sold within school cafeteria meets guidelines of National School Lunch Program and/or Smart Snacks Guidelines.

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<ul style="list-style-type: none"> limit food and beverage marketing to the promotion of foods and beverages that meet the nutrition standards for meals or for foods and beverages sold individually 	YES	All food marketed/sold within school cafeteria meets guidelines of National School Lunch Program and/or Smart Snacks Guidelines.
<ul style="list-style-type: none"> promote healthy foods, including fruits, vegetables, whole grains, and low-fat dairy products 	YES	Offer VS Serve followed in all schools. Healthy options now made available for parent purchased "classroom treats" including fresh fruit, vegetables and smart snack items.
Staff Wellness The school district will:		
<ul style="list-style-type: none"> provide wellness opportunities for all district staff to participate in and to increase the overall health of our staff. 	YES	Staff Wellness Program offered: flu shots, fall wellness walk and "winter wellness challenge" this school year
NUTRITION GUIDELINES FOR ALL FOODS AVAILABLE School Meals Meals served through the National School Lunch and Breakfast Programs will:		
<ul style="list-style-type: none"> be appealing and attractive to children; 	YES	Site observation reports conducted to grade and improve, if necessary, these criteria
<ul style="list-style-type: none"> be served in clean and pleasant settings; 	YES	Site observation reports conducted to grade and improve, if necessary, these criteria
<ul style="list-style-type: none"> meet, at a minimum, nutrition requirements established by local, state and federal law; 	YES	Site observation reports conducted to grade and improve, if necessary, these criteria
Qualification of Food Service Staff Qualified nutrition professionals will administer the meal programs. As part of the school district's responsibility to operate a food service program, the school district will:	YES	USDA Professional Standards met for all employees
<ul style="list-style-type: none"> provide continuing professional development for all nutrition professionals; and, 	YES	USDA Professional Standards met for all employees
<ul style="list-style-type: none"> provide staff development programs that include appropriate certification and/or training programs for child nutrition directors, nutrition managers and cafeteria workers, according to their levels of responsibility. 	YES	USDA Professional Standards met for all employees. All managers ServSafe certified. All buildings ServSafe certified employee on staff. Supervisor is School Nutrition Association (SNA), SNS certified, & ServSafe certified.

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<p>Foods Sold Outside the Meal (e.g. vending, a la carte sales) All foods and beverages sold individually outside the reimbursable meal programs (including those sold through a la carte and vending machines during the school day) will meet the nutrition and portion size standards for state and federal guidelines.</p>	<p>YES</p>	<p>All food sold within school cafeteria meets guidelines of National School Lunch Program and/or Smart Snacks Guidelines.</p>
<p>Food Safety All foods made available on campus shall comply with the state and local food safety and sanitation regulations. Hazard Analysis and Critical Control Points (HACCP) plans and guidelines are implemented to prevent food illness in schools.</p>	<p>YES</p>	<p>Site observation reports conducted to grade and improve, if necessary, these criteria HACCP plan reviewed yearly.</p>
<p>PLAN FOR MEASURING IMPLEMENTATION Monitoring The Superintendent/designee will ensure compliance with established school district---wide nutrition and physical activity wellness policies. In each school:</p>	<p>YES</p>	<p>This assessment will determine compliance</p>
<ul style="list-style-type: none"> • the principal will ensure compliance with those policies in the school and report progress toward meeting the wellness policy goals; and, 	<p>YES</p>	<p>Through department meetings progress is reported</p>
<ul style="list-style-type: none"> • food service staff, at the school or school district level, will ensure compliance with nutrition policies within food service areas 	<p>YES</p>	<p>Site observation reports conducted to grade and improve, if necessary, these criteria</p>
<p>In the school district:</p>		
<ul style="list-style-type: none"> • the school district will report on the most recent Child Nutrition Program (CNP) administrative review findings and any resulting changes. If the school district has not received a CNP administrative review from the state agency within the past five years, the school district will request from the state agency that a CNP administrative review be scheduled as soon as possible; and, 	<p>YES</p>	<p>CNP Administrative review scheduled for 03/11/19 – 03/14/19</p>
<ul style="list-style-type: none"> • the district will ensure compliance with the school district’s established nutrition and physical activity wellness policies, based on review by the district wellness committee. The district wellness committee will report annually to the Board and public on the implementation of the policy. 	<p>YES</p>	<p>Compliance ensured through this assessment</p>