# BMS LINE #2 GRAB N GO MEALS

STUDENT MEALS-1 Free Per Day (entrée only 2.85)
PICK 3 COLORS FOR A MEAL WITH ONE BEING
A FRUIT OR VEG.

## THE MEAL BUNDLE INCLUDES

Main Entrée = (2 grains & 2 m/ma components)

Fruit and 1 vegetables (required to take 1 fruit or veg)

Milk (1% White Milk, Choc Milk, & Straw)

\*\*YOU MUST CHOOSE AT LEAST ONE FRUIT OR VEG. FOR A

MEAL BUNDLE\*\* otherwise you will be charged a la carte prices

(All students can use this for a first lunch; second lunch will be an additional charge 3.00)

(MILK, VEGETABLE and FRUIT OPTIONS

ALL MAIN ENTREES ARE GRAINS & M/MA COMPONENTS

MAIN ENTRÉE CHOICES-1 ONLY PER MEAL

LINE #2 (K-8 SACK MENU)

MONDAY Remote Learning Day

TUESDAY TURKEY/CHEESE OR UNCRUSTABLE PB/J

WEDNESDAY HAM/CHEESE OR UNCRUSTABLE PB/J

THURSDAY TURKEY/CHEESE/LETTUCE WRAP OR PB/J

FRIDAY HOT SANDWICH OR PB/J

ALTERNATE MAIN ENTRÉE DAILY (GRAIN&<mark>M/MA)</mark> UNCRUSTABLE PB/J & STRING CHEESE

#### FRUIT OPTIONS-1/2c serving sizes (Variety Daily)

**Apples** 

**Oranges** 

Banana

**Pears** 

**Tangerines** 

**Grapes** 

Melon

**Pineapple** 

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries

#### **VEGETABLE OPTIONS-1/2 c. serving sizes (Variety Daily)**

Broccoli

Cauliflower

Carrots

**Celery** 

**Cucumbers** 

**Cuban Black Bean Salsa** 

**Green/Red Peppers** 

Lettuce

Onion

**Radishes** 

**Tomato** 

**Beans** 

**Three Bean Salad** 

Hummus

Marinara Sauce & Salsa Cups

### All packaged SNACK items are a la carte items Require cash/ NO charging ALL SNACKS

"This institution is an equal opportunity provider and employer."

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