NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-NOVEMBER 2019



Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday		
				1 Egg Omelet/*Tortilla Orange Slices 100% Juice Milk		
4	5		New Entrée 7	8		
*Cereal/*Toast	Strawberry *Chex/Yogurt Strawberries	Egg/Cheese on *Biscuit Banana	Raspberry Bismark Diced Pears	Scrambled Eggs/*Toast Mixed Fruit		
Applesauce 100% Juice	100% Juice	100% Juice	100% Juice	100% Juice		
Milk	Milk	Milk	Milk	Milk		
11	12	13		15		
*Cereal/Cheese Stick	Egg/Cheese/Sausage	*Long John	*Cereal Bar/Yogurt	*Frudel		
Pear Slices 100% Juice	on *Bagel Pineapple Melon Salad	Banana 100% Juice	Diced Peaches 100% Juice	(Cherry or Apple)		
Milk	100% Juice	Milk	Milk	Applesauce 100% Juice		
ivinx	Milk	Will	Ninx	Milk		
18		20	21	22		
*Cereal/*Toast	Yogurt Parfait/Granola	Cinnamon Roll	Egg/Cheese on *Biscuit	*Mini Bagel/Cr. Cheese		
Craisins	Strawberries	Orange Slices	Apple Slices	Peaches		
100% Juice	100% Juice	100% Juice	100% Juice	100% Juice		
Milk	Milk	Milk	Milk	Milk		
25	26	27	28			
	*Nutri Grain Bar/Yogurt	*UBR	41			
NO SCHOOL	Raisins	Orange Slices	FHappy	NO SCHOOL		
	100% Juice	100% Juice	Thomasathana			
	Milk	Milk	Tunnegurung			
Please deposit money in your child's account on a regular basis.						

(menu may change without notice) *Whole Grain Product/Wheat 100% Juice



Alternate Entrée (k-4) Mon-Fri-*Cereal/*Toast Alternate Entrées Daily (5-12)

Menu Prepared By: Cristy Croson-SNS **Food Service Supervisor** 641-792-5797ext. 2001 "This institution is an equal opportunity provider and employer."

FREE & REDUCED LUNCH APPLICATIONS

(available all school building offices)

Breakfast (K-4)	\$	1.40 per day			
Breakfast (5-12)	\$	1.50 per day			
Reduced Breakfast	\$.30 per day			
Adult Breakfast	\$	1.75 per day			
Elementary Lunch	\$	2.75 per day			
BMS 5-8th	\$	2.85 per day			
High School 9-12	\$	2.95 per day			
Reduced Lunch	\$.40 per day			
Adult Lunch	\$	3.75 per day			
Account Balance Information					
area and an automaad are					

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