


NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-AUGUST/SEPT. 2018

Lo-Fat Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
			23	24
			*Cereal Bar/Yogurt Raisins 100% Juice Milk	Egg Omelet on *Tortilla Apricots 100% Juice Milk
27	28	29	30	31
*Cereal/*Toast Applesauce Cup 100% Juice Milk	*Breakfast Pizza Peaches 100% Juice Milk	*UBR Pineapple Melon 100% Juice Milk	Egg & Cheese on a *Bagel Mixed Fruit 100% Juice Milk	*Mini Pancakes Craisins 100% Juice Milk
3	4	5	6	7
SEPTEMBER LABOR DAY	*Cereal/*Toast Applesauce Cup 100% Juice Milk	*Nutri-Grain Bar String Cheese Apple Slices 100% Juice Milk	*Pancake Wrap Syrup Strawberries 100% Juice Milk	*Cinni Sticks Peaches 100% Juice Milk
10	11	12	13	14
*Cereal/*Toast Applesauce Cup 100% Juice Milk	Yogurt Parfait *Granola/Strawberries 100% Juice Milk	French Toast/Syrup Sausage Patty Pineapple 100% Juice Milk	*Long John Peaches 100% Juice Milk	Egg Omelet/*Toast Apple Slices 100% Juice Milk
17	18	19	20	21
*Cereal/*Toast Raisins 100% Juice Milk	*BB Muffin Banana 100% Juice Milk	*Breakfast Pizza Watermelon 100% Juice Milk	*UBR Mixed Fruit 100% Juice Milk	*Breakfast Wrap Applesauce 100% Juice Milk
24	25	26	27	28
NO SCHOOL	*Cereal Bar/Yogurt Pears 100% Juice Milk	Egg Omelet/*Toast Melon/Grapes 100% Juice Milk	*Waffles/Syrup Strawberries 100% Juice Milk	*Cinnamon Roll Clementines 100% Juice Milk

Please deposit money in your child's account on a regular basis.

*Whole Grain Product -WG

100% Juice

Alternate Entrée

Mon-Fri- *Cereal/*Toast



Free & Reduced Lunch Applications

(Available at all school offices, online, or call 641-792-5797 ext. 2001)

"This institution is an equal opportunity provider and employer"

Breakfast \$ 1.30 per day

Reduced Breakfast \$.30 per day

Adult Breakfast \$ 1.55 per day

Elementary Lunch \$ 2.70 per day

BMS 5-8th \$ 2.80 per day

High School 9-12 \$ 2.90 per day

Reduced Lunch \$.40 per day

Adult Lunch \$ 3.65 per day

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Menu Prepared By: **Cristy Croson**

Food Service Supervisor

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