

NEWTON COMMUNITY SCHOOLS MAY 2022-BREAKFAST MENU

Meals Include-Lo-Fat Iowa Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 *Cereal/*Toast Pears 100% Juice Milk	3 *Ring Donut Apple Slices 100% Juice Milk	4 Egg/Cheese *Biscuit Cantaloupe/Grapes 100% Juice Milk	5 *Breakfast Burrito/Salsa Peaches 100% Juice Milk	6 *Muffin Tops Orange Slices 100% Juice Milk
9 *Cereal/*Toast Raisins 100% Juice Milk	10 Yogurt Parfait/*Granola Strawberries 100% Juice Milk	11 BB *Waffles/Syrup Clementine 100% Juice Milk	12 *Muffin/Yogurt Apple Slices 100% Juice Milk	13 Scrambled Eggs/*Toast Sliced Pears 100% Juice Milk
16 *Cereal/*Toast Applesauce 100% Juice Milk	17 *Cinni-Mini Peaches 100% Juice Milk	18 *Straw. Chex/Yogurt Banana 100% Juice Milk	19 *Mini Bagel/Cr. Cheese Watermelon 100% Juice Milk	20 *Biscuit/Gravy Apricots 100% Juice Milk
23 *Cereal/String Cheese Raisins 100% Juice Milk	24 *Breakfast Pizza Applesauce 100% Juice Milk	25 Egg Omelet *Wrap Orange Slices 100% Juice Milk	26 *Frudel Pineapple Melon Salad 100% Juice Milk	27 *Long John Peaches 100% Juice Milk

Please pay all past due balances.

*Whole Grain Product -WG
100% Juice

K-12 Breakfast

Alternate Choice-(k-4)

*Cereal/*Toast

Alternate Entrees Daily (5-12)

"This institution is an equal opportunity provider and employer"

Menu Prepared By: **Cristy Croson-BA,SNS** Food Service Supervisor

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Questions-please call 641-792-5797 ext. 2001

**FREE SUMMER
GRAB N GO MEALS
Monday & Thursday
(watch for flyers)
BMS & HIGH SCHOOL
(11:00 AM-12:30 PM)
Starting June 6th, 2022**

Breakfast

1 Breakfast Free daily

Adult Breakfast \$1.75

Lunch

Adult Lunch \$3.95

All Students Free

**All Students Free
1 Lunch Meal Free**



Summer Meal Pick Up-Monday & Thursday, STARTS June 6th-June 30th

BMS-North Side -Bus Lanes (1900 N. 5th Ave. E.)

HIGH SCHOOL-North Side Circle-(800 E. 4th St. S.)

