

NEWTON COMMUNITY SCHOOLS

LUNCH MENU-JANUARY 2020

Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
MENU 5-8 Alternate Menus 9-12 Alternate Entrees & Salad Bar Daily 5-12 Additional Fruit/Veg Options		 1	2 *Garlic Cheese Bread Sauce Steamed Green Beans Peach Applesauce *Cookie	3 *Chicken Sandwich Baked Fries Romaine Salad Mixed Fruit
Please deposit money on a regular basis and keep a positive balance.				
6 *Mini Pancakes Syrup Seasoned Wedges Strawberries Yogurt HS-Sausage Patty	7 *Spaghetti Spinach Salad Steamed Corn Peaches *Garlic Bread	8 *Chicken Nuggets M. Potato Steamed Veggies Pears *Breadstick	9 BBQ Pork *Sandwich Baked Beans Tri-Tater Apple Slices	10 Pepperoni *Pizza Steamed Green Beans Baby Carrots Pineapple *Butterscotch Cookie
13 NO SCHOOL	14 Walking Taco Broccoli Salad Steamed Corn Orange Slices *Raspberry Churro	15 *Chicken Bacon Wrap (cheese) Mixed Salad Cantaloupe & Grapes *Tortilla Chips/Salsa	16 Chili/Crackers Fresh Peppers/Celery Applesauce Homemade Cinn. Roll	17 *Fish Shapes *Mac n Cheese Steamed Peas Baby Carrots 100% Fruit Bar
20 Sausage Pancake *Wrap/Syrup Sweet Pot. Crissscut Mango Juice Apple Slices	21 *Pizza Dippers/Sauce Spinach Salad Steamed Green Beans Banana *Snickerdoodle	22 *Popcorn Chicken Mashed Potato Broc/Cheese Mixed Fruit *Breadstick	23 *Cheeseburger Baked Chips Baked Beans Baby Carrots Pears	24 *Mandarin Chicken Stir Fry Vegetables *Seasoned Rice Mandarin Oranges Fortune Cookie
27 NO SCHOOL	28 Sausage *Pizza Mixed Salad Steamed Corn Pineapple/Straw *Cookie	29 Fajita Chicken *Wrap (lettuce & cheese) Broc. Salad Applesauce *Tortilla Chip/Salsa	30 *Hot Ham/Cheese Sand. Baked Tater Tots Fresh Veggies Banana	31 *Crispito (Chili & Cheese) Steamed Rice Mixed Salad w/Radishes Peaches

Please deposit money in your child's account on a regular basis.

*Whole Grain Product/Wheat

Alternate Entrée K-4

Mon.-Sunbutter/Jelly Sand./String Cheese

Tues.-Turkey/Cheese Sandwich

Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich



Elementary Lunch

\$ 2.75 per day

BMS 5-8th \$ 2.85 per day

High School 9-12 \$ 2.95 per day

Reduced Lunch \$.40 per day

Adult Lunch \$ 3.75 per day

Breakfast (k-4) \$ 1.40 per day

Breakfast (5-12) \$ 1.50 per day

Reduced Breakfast \$.30 per day

Adult Breakfast \$ 1.75 per day

Account Balance Information

"This institution is an equal opportunity provider and employer."

(menu may change without notice)

FREE AND REDUCED MEAL APPLICATIONS AT ALL BLDG. OFFICES

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