NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-JANUARY 2020



Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
		Bring on the the NEW YEAR!	2 *Cereal Bar/Yogurt Mixed Fruit 100% Juice Milk	3 Egg Omelet/*Tortilla Peach Applesauce 100% Juice Milk
*Cereal/*Toast Apple Slices 100% Juice Milk	6 7 Strawberry *Chex/Yogurt Strawberries 100% Juice Milk	8 *Biscuit & Gravy Peaches 100% Juice Milk	9 WG Apple Filled *Donut Pears 100% Juice Milk	10 Scrambled Eggs/*Toast Orange Slices 100% Juice Milk
NO SCHOOL	13 14 *Long John Pineapple 100% Juice Milk	15 Ham/Egg/Cheese on *Biscuit Orange Slices 100% Juice Milk	16 BB *Muffin Square Cantaloupe/Grapes 100% Juice Milk	17 *Cinnamon Roll Applesauce 100% Juice Milk
*Cereal/*Toast Craisins 100% Juice Milk	20 21 *Granola Bar/Yogurt Apple Slices 100% Juice Milk	22 *Frudel (Cherry or Apple) Banana 100% Juice Milk	23 Egg/Cheese/Sausage on English Muffin Mixed Fruit 100% Juice Milk	24 *Mini Bagel/Cr. Cheese Pears 100% Juice Milk
NO SCHOOL	27 28 *Nutri Grain Bar/Yogurt Mandarin Oranges 100% Juice Milk	29 *UBR Pineapple/Strawberries 100% Juice Milk	30 *Breakfast Pizza Applesauce 100% Juice Milk	31 *Mini Pancakes/Syrup Apricots 100% Juice Milk

Please deposit money in your child's account on a regular basis.

(menu may change without notice) *Whole Grain Product/Wheat 100% Juice



Alternate Entrée (k-4) Mon-Fri-*Cereal/*Toast Alternate Entrées Daily (5-12)

Menu Prepared By: Cristy Croson-SNSFood Service Supervisor641-792-5797ext. 2001"This institution is an equal opportunity provider and employer."

FREE & REDUCED LUNCH APPLICATIONS

(available all school building offices)

Breakfast (K-4)	\$	1.40 per day			
Breakfast (5-12)	\$	1.50 per day			
Reduced Breakfast	\$.30 per day			
Adult Breakfast	\$	1.75 per day			
Elementary Lunch	\$	2.75 per day			
BMS 5-8th	\$	2.85 per day			
High School 9-12	\$	2.95 per day			
Reduced Lunch	\$.40 per day			
Adult Lunch	\$	3.75 per day			
Account Balance Information					
araaana@nourtanaad ara					

crosonc@newtoncsd.org

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