

## **NEWTON COMMUNITY SCHOOLS**

## **LUNCH MENU-DECEMBER 2018**



Lo-Fat Milk will be served with all meals (1% white, Choc and Strawberry)

Monday	Tuesday	Wednesday	Thursday	Friday
8th Salad Bar Daily				
7-8 Alternate Entrée-PB/J Sand				
9-12 Alternate Entrees & Salad Bar Daily				
9-12 Additional Fruit/Veg Opt	ions			
9-12 Orange Juice Daily				
	y on a regular basis and ke	ep a positive balance.		
New Item 3	-	5	6	7
*Pancakes/Syrup	Pepperoni *Pizza	*Pulled Pork Sandwich	*Popcorn Chicken	Beef & Bean *Nachos
Sausage Patty	Spinach Salad-Tom.	Baked Tri-Tater	M. Potato	(lettuce, cheese, salsa)
Sweet Potato Fries	Baby Carrots	Baked Beans	Steamed Green Beans	Steamed Corn
Mixed Berries Cup	Banana	Pineapple Melon Salad	Mixed Fruit	*Cherry Crisp
HS-Greek Yogurt			*Breadstick	
10	= =	12	_	14
*French Toast/Syrup	Fajita Chicken *Wrap	*Baked Spaghetti	Grilled Chicken Breast	*Cheeseburger
Baked Wedges	(grilled onions & peppers)	Spinach Salad-Tom.	M. Potato/Gravy	Smiley Fries
Strawberries	Broc. Salad	Clementines	Steamed Mixed Veggies	Baked Beans
Yogurt	Banana	*Garlic Bread	Peaches	Pears
HS-Sausage Patty	*Tortilla Chips/Salsa		WG *Roll	
17	=	New Item 19	_	21
Cheese *Pizza	*Chicken Sandwich	*Italian Dunkers/Sauce	Sweet Thai Chicken	*Hotdog
Steamed Corn	Onion Rings	Mixed Salad w/radishes	Steamed *Rice	Baked Chips
Baby Carrots	Celery-Hummus Dip	Steamed Green Beans	Stir Fry Vegetables	Fresh Veggies-Dip
Apple Slices	Mixed Fruit	Banana	Mandarin Oranges	Fresh Fruit
M & M *Cookie		JonnyPops (Fruit Bar)	*Fortune Cookie	
24	25	26	27	28
1				

## HAPPY HOLIDAYS !!

Please deposit money in your child's account on a regular basis.

\*Whole Grain Product/Wheat

## Alternate Entrée K-6

Mon.-Sunbutter/Jelly Sand/String Cheese

Tues.-Turkey/Cheese Sandwich Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich

"This institution is an equal opportunity provider and employer." (menu may change without notice)

BMS 5-8th \$ 2.70 per day
High School 9-12 \$ 2.90 per day
Reduced Lunch \$ 3.65 per day

3.65 per day

Breakfast\$ 1.30 per dayReduced Breakfast\$ .30 per dayAdult Breakfast\$ 1.55 per day

**Account Balance Information** 

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FREE AND REDUCED LUNCH APPLICATIONS AT ALL BUILDING OFFICES

641-792-5797 ext. 2001

Menu Prepared By: Cristy Croson-SNS Food Service Supervisor