

BMS LINE #1
PIZZA MEALS

STUDENT MEALS-\$2.85 (entrée only 2.85)

PICK 3 COLORS FOR A MEAL WITH ONE BEING A FRUIT OR VEG.

THE MEAL BUNDLE INCLUDES

Main Entrée =(2 grains & 2 m/ma components)
1 Fruit and 2 vegetables (required to take 1 fruit or veg)
Milk (1% White Milk, Choc Milk, & Straw)

****YOU MUST CHOOSE AT LEAST ONE FRUIT OR VEG. FOR A MEAL BUNDLE** otherwise you will be charged a la carte prices**
(All students can use this for a first lunch; second lunch will be an additional charge 3.00)

MILK, 2 FRESH VEGETABLE and 1 FRESH FRUIT

ALL MAIN ENTREES ARE GRAINS & M/MA COMPONENTS

MAIN ENTRÉE CHOICES-1 ONLY PER MEAL

LINE #1

MONDAY PIZZA

TUESDAY GARLIC CHEESE BREAD

WEDNESDAY BOSCO/SAUCE

THURSDAY PIZZA

FRIDAY PEPPERONI CHEESE BREAD

ALTERNATE MAIN ENTRÉE DAILY(GRAIN & M/MA)
UNCRUSTABLE PB/J & STRING CHEESE

FRUIT OPTIONS-1/2c serving sizes (Variety Daily)

Apples

Oranges

Banana

Pears

Tangerines

Grapes

Melon

Pineapple

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries

VEGETABLE OPTIONS-1/2 c. serving sizes (Variety Daily)

Broccoli

Cauliflower

Carrots

Celery

Cucumbers

Cuban Black Bean Salsa

Green/Red Peppers

Lettuce

Onion

Radishes

Tomato

Beans

Three Bean Salad

Hummus

Marinara Sauce & Salsa Cups

All packaged SNACK items are a la carte items

Require cash/ NO charging ALL SNACKS

“This institution is an equal opportunity provider and employer.”

Cristy Croson-Supervisor of Food Service

crosonc@newtoncsd.org or 641-792-5797 ext. 2001

BMS LINE #2
GRILL MEALS

STUDENT MEALS-\$2.85 (entrée only 2.85)

PICK 3 COLORS FOR A MEAL WITH ONE BEING A FRUIT OR VEG.

THE MEAL BUNDLE INCLUDES

Main Entrée =(2 grains & 2 m/ma components)
1 Fruit and 2 vegetables (required to take 1 fruit or veg)
Milk (1% White Milk, Choc Milk, & Straw)

****YOU MUST CHOOSE AT LEAST ONE FRUIT OR VEG. FOR A MEAL BUNDLE** otherwise you will be charged a la carte prices**
(All students can use this for a first lunch; second lunch will be an additional charge 3.00)

(MILK, 2 FRESH VEGETABLE and 1 FRESH FRUIT

ALL MAIN ENTREES ARE GRAINS & M/MA COMPONENTS

MAIN ENTRÉE CHOICES-1 ONLY PER MEAL

LINE #2

MONDAY EGG/CHEESE/SAUSAGE BAGEL

TUESDAY FISH SANDWICH

WEDNESDAY HOTDOG W/FRIES

THURSDAY CHICKEN SANDWICH

FRIDAY CHEESEBURGER

ALTERNATE MAIN ENTRÉE DAILY (GRAIN&M/MA)
UNCRUSTABLE PB/J & STRING CHEESE

FRUIT OPTIONS-1/2c serving sizes (Variety Daily)

Apples

Oranges

Banana

Pears

Tangerines

Grapes

Melon

Pineapple

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries

VEGETABLE OPTIONS-1/2 c. serving sizes (Variety Daily)

Broccoli

Cauliflower

Carrots

Celery

Cucumbers

Cuban Black Bean Salsa

Green/Red Peppers

Lettuce

Onion

Radishes

Tomato

Beans

Three Bean Salad

Hummus

Marinara Sauce & Salsa Cups

All packaged SNACK items are a la carte items

Require cash/ NO charging ALL SNACKS

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BMS LINE #3

DELI MEALS

STUDENT MEALS-\$2.85 (entrée only 2.85)

PICK 3 COLORS FOR A MEAL WITH ONE BEING A FRUIT OR VEG.

THE MEAL BUNDLE INCLUDES

Main Entrée =(2 grains & 2 m/ma components)
1 Fruit and 2 vegetables (required to take 1 fruit or veg)
Milk (1% White Milk, Choc Milk, & Straw)

YOU MUST CHOOSE AT LEAST ONE FRUIT OR VEG. FOR A MEAL BUNDLE otherwise you will be charged a la carte prices
(All students can use this for a first lunch; second lunch will be an additional charge 3.00)

(MILK, 2 FRESH VEGETABLE and 1 FRESH FRUIT

ALL MAIN ENTREES ARE GRAINS & M/MA COMPONENTS

MAIN ENTRÉE CHOICES-1 ONLY PER MEAL

LINE #3

MONDAY	SUB SANDWICH
TUESDAY	TURKEY/CHEESE SANDWICH
WEDNESDAY	HAM/CHEESE CROISSANT
THURSDAY	TURKEY/CHEESE WRAP
FRIDAY	HAM/CHEESE SANDWICH

ALTERNATE MAIN ENTRÉE DAILY (GRAIN&M/MA)
UNCRUSTABLE PB/J & STRING CHEESE

FRUIT OPTIONS-1/2c serving sizes (Variety Daily)

Apples

Oranges

Banana

Pears

Tangerines

Grapes

Melon

Pineapple

Fruit Cup-peaches, mixed fruit, applesauce, pears, strawberries

VEGETABLE OPTIONS-1/2 c. serving sizes (Variety Daily)

Broccoli

Cauliflower

Carrots

Celery

Cucumbers

Cuban Black Bean Salsa

Green/Red Peppers

Lettuce

Onion

Radishes

Tomato

Beans

Three Bean Salad

Hummus

Marinara Sauce & Salsa Cups

All packaged SNACK items are a la carte items

Require cash/ NO charging ALL SNACKS

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