

# NEWTON COMMUNITY SCHOOLS EMERSON HOUGH

## FREE SUMMER BREAKFAST MENU-July 9th-August 9th 2019

Serve Time-7:40 AM-8:40 AM (Monday-Friday)  
Emerson Hough-700 N. 4th Ave. E.



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>JULY 9</b> *Nutri-Grain Bar Yogurt Strawberries Milk	<b>10</b> *Long John 100% Juice Milk	<b>11</b> *Breakfast Pizza Apple Slices Milk	<b>12</b> Egg/Cheese on *English Muffin Melon/Grapes Milk
<b>15</b> *Cereal *Toast 100% Juice Milk	<b>16</b> *Cinni-Mini Yogurt Apple Slices Milk	<b>17</b> Egg Patty *Toast Strawberries Milk	<b>18</b> *Frudel Fresh Melon Milk	<b>19</b> *Cereal Bar String Cheese Clementines Milk
<b>22</b> *Cereal *Toast Craisins Milk	<b>23</b> Egg/Cheese/Bacon on *Bagel Pears Milk	<b>24</b> French Toast/Syrup Sausage Patty Strawberries Milk	<b>25</b> *Nutri Grain Bar Yogurt Apple Slices Milk	<b>26</b> *Pancake Wrap Syrup 100% Juice Milk
<b>29</b> *Cereal Bar String Cheese 100% Juice Milk	<b>30</b> Iowa Breakfast Bake *Toast Apple Slices Milk	<b>31</b> *Triple Berry Muffin Banana Milk	<b>AUGUST 1</b> *UBR Orange Slices Milk	<b>2</b> Yogurt Parfait/*Granola Blueberries Milk
<b>5</b> *Cereal *Toast 100% Juice Milk	<b>6</b> *Cinni-Mini Yogurt Apple Slices Milk	<b>7</b> *Breakfast Pizza Orange Slices Milk	<b>8</b> *Cereal Bar Yogurt Strawberries Milk	<b>9</b> *Long John Fresh Fruit Milk

"This institution is an equal opportunity provider and employer"  
(menu may change without notice)

\*Whole Grain Product

Menu Prepared By: **Cristy Croson**

Food Service Supervisor

641-792-5797 ext. 2001

| Adults-\$2.00 Breakfast |

