


# NEWTON COMMUNITY SCHOOLS

## BREAKFAST MENU-AUGUST/SEPT. 2019

Lo-Fat Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
				23
				23
26	27	28	29	30
*Cereal/*Toast Applesauce Cup 100% Juice Milk	Strawberry*Chex/Yogurt Strawberries 100% Juice Milk	*UBR Apple Slices 100% Juice Milk	Egg Omelet/*Toast Diced Pears 100% Juice Milk	*Pancakes/Syrup Banana 100% Juice Milk
2	3	4	5	6
<b>SEPTMBER</b>  <b>LABOR DAY</b>	*Cereal/*Toast Orange Slices 100% Juice Milk	*Nutri-Grain Bar String Cheese Pears 100% Juice Milk	*Pancake Wrap Syrup Peaches 100% Juice Milk	*Frudel (Cherry or Apple) Banana 100% Juice Milk
9	10	11	12	13
*Cereal/*Toast Applesauce Cup 100% Juice Milk	BB *Muffins Pineapple Melon Salad 100% Juice Milk	*French Toast/Syrup Sausage Patty Watermelon 100% Juice Milk	*Long John Peaches 100% Juice Milk	Egg/Sausage/Cheese on *Biscuit Craisins 100% Juice Milk
16	17	18	19	20
*Cereal/*Toast Mixed Fruit 100% Juice Milk	Yogurt Parfait *Granola/Strawberries 100% Juice Milk	*UBR Orange Slices 100% Juice Milk	*Bagel/Cream Cheese Banana 100% Juice Milk	Egg Omelet/*Tortilla Applesauce 100% Juice Milk
23	24	25	26	27
*WG Poptart Peaches/C. Cheese 100% Juice Milk	*Breakfast Pizza Melon/Strawberries 100% Juice Milk	Egg/Cheese on *Biscuit Apple Slices 100% Juice Milk	*Waffles/Syrup Blueberries 100% Juice Milk	Mini *Cinni Sticks Mandarin Oranges 100% Juice Milk
<b>Sept 30th-No School</b>				

Please deposit money in your child's account on a regular basis.

\*Whole Grain Product -WG

100% Juice

**Alternate Entrée**

Mon-Fri- \*Cereal/\*Toast



### Free & Reduced Lunch Applications

(Available at all school offices, online, or call 641-792-5797 ext. 2001)

"This institution is an equal opportunity provider and employer"

**Breakfast (k-4)**

\$ 1.40 per day

**Breakfast (5-12)**

\$ 1.50 per day

**Reduced Breakfast**

\$ .30 per day

**Adult Breakfast**

\$ 1.75 per day

**Elementary Lunch**

\$ 2.75 per day

**BMS (5-8th)**

\$ 2.85 per day

**High School (9-12)**

\$ 2.95 per day

**Reduced Lunch**

\$ .40 per day

**Adult Lunch**

\$ 3.75 per day

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Menu Prepared By: **Cristy Croson**

Food Service Supervisor

641-792-5797 ext. 2001