

NEWTON COMMUNITY SCHOOLS

BREAKFAST MENU-JANUARY 2018

Lo-Fat Milk will be served with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
		3 *Cereal Bar/Cheese Applesauce Cup 100% Juice Milk	4 *Pancake Wrap/Syrup Mixed Fruit 100% Juice Milk	5 *Long John Peaches 100% Juice Milk
8 *Cereal/*Toast Craisins 100% Juice Milk	9 *Breakfast Pizza Strawberries 100% Juice Milk	10 *Frudel (Cherry or Apple) Banana 100% Juice Milk	11 Egg Omelet/*Toast Pears 100% Juice Milk	12 NO SCHOOL Teacher Professional Day
15 NO SCHOOL Martin Luther King Day	16 *Cereal/*Toast Straw. Applesauce 100% Juice Milk	17 *Cinni Sticks Banana 100% Juice Milk	18 Egg/Ham/Cheese Biscuit Dried Cherries 100% Juice Milk	19 *Nutri Grain Bar/Yogurt Mixed Fruit 100% Juice Milk
22 *Cereal/*Toast Applesauce Cup 100% Juice Milk	23 *Pancakes/Syrup Strawberries 100% Juice Milk	24 Eggs & Sausage/*Toast Orange Slices 100% Juice Milk	25 *Muffin/Yogurt Dried Cherries 100% Juice Milk	26 *Long John Fresh Fruit 100% Juice Milk
29 NO SCHOOL Teacher Professional Day	30 *Cereal Bar Colby String Cheese Orange Slices 100% Juice Milk	31 Egg Casserole/*Toast Mixed Fruit 100% Juice Milk		

Please deposit money in your child's account on a regular basis.

*Whole Grain Product -WG

100% Orange Juice

Alternate Entrée

Mon-Fri- *Cereal/*Toast



Elementary Lunch

\$ 2.70 per day

Secondary Lunch

\$ 2.80 per day

Reduced Lunch

\$.40 per day

Adult Lunch

\$ 3.60 per day

Breakfast

\$ 1.30 per day

Reduced Breakfast

\$.30 per day

Adult Breakfast

\$ 1.55 per day

Free & Reduced Lunch Applications

(Available at all school offices, online, or call 641-792-5122)

"This institution is an equal opportunity provider and employer"

Menu Prepared By: **Cristy Croson**

Food Service Supervisor

641-792-5797 ext. 2001