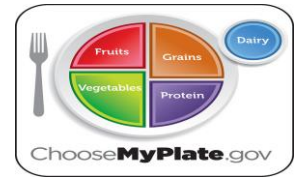



NEWTON COMMUNITY SCHOOLS

LUNCH MENU-JANUARY 2018

Lo-Fat Milk will be served with all meals



Monday	Tuesday	Wednesday	Thursday	Friday
7-8 Salad Bar Daily				
7-8 Alternate Entrée-PB/J Sand	***Free/Reduced Lunch Applications***			
9-12 Alternate Entrees & Salad Bar Daily	(Available at all Buildings)			
9-12 Additional Fruit/Veg Options	Questions-please call-641-792-5122			
Please deposit money on a regular basis and keep a positive balance.				
		3	4	5
		*Chicken Strips M. Potato Steamed Green Beans Mixed Fruit HS-*WG Roll	*Mr. Rib Baked Beans Tri-Tater Craisins	*Mandarin Chicken Seasoned *Rice Stir-Fry Vegetables Mandarin Oranges *Fortune Cookie
8	9	10	11	12
*French Toast/Syrup Hashbrowns Strawberries Greek Yogurt HS-Egg Omelet	*Fajita Wrap (lettuce & cheese) Black Bean Salsa Banana *Tortilla Chip	*Crispito (Chili, Lettuce & Cheese) Steamed Green Beans Pears BB *Muffin	*Chicken Sandwich Sweet Pot. Tots Baby Carrots Straw. Applesauce	NO SCHOOL Teacher Professional Day
15	16	17	18	19
NO SCHOOL Martin Luther King Day	*Softshell Taco (Lettuce & Cheese) Steamed Corn Cherry *Crisp	*Pizza Dippers/Sauce Spinach Salad Baby Carrots Pineapple Melon Salad	*Cheeseburger (Pickles & Onions) Baked Beans SunChips Apple Slices	Turkey Gravy on M. Potato Mixed Vegetables Peaches *Homemade Roll
22	23	24	25	26
*Breakfast Sausage Pizza Peppers/Caulf-Dip Strawberries Yogurt	*Popcorn Chicken M. Potato Steamed Broc/Cheese Orange Slices HS-*Breadstick	*Italian Dunkers/Sauce Mixed Salad Steamed Corn Banana	Chili/*Crackers Carrots/Celery-Dip Applesauce *Homemade Cinn. Roll	New Entrée *Turkey Burger (lettuce & pickles) Smiley Fries Mixed Fruit
29	30	31		
NO SCHOOL Teacher Professional Day	*Pizza Cheese Bread Mixed Salad Green Beans Orange Juice Monster *Cookie	BBQ Beef *Sandwich Criss Cut Sweet Pot. Baby Carrots Cantaloupe/Grapes		

Please deposit money in your child's account on a regular basis.

*Whole Grain Product/Wheat

Alternate Entrée K-6

Mon.-Sunbutter/Jelly Sand/String Cheese

Tues.-Turkey/Cheese Sandwich

Weds.-Ham/Cheese Sandwich

Thurs.-Turkey/Cheese Wrap

Friday-Ham/Cheese Sandwich

"This institution is an equal opportunity provider and employer."

(menu may change without notice)

Menu Prepared By: Cristy Croson

Elementary Lunch \$ 2.70 per day

Secondary Lunch \$ 2.80 per day

Reduced Lunch \$.40 per day

Adult Lunch \$ 3.60 per day

Breakfast \$ 1.30 per day

Reduced Breakfast \$.30 per day

Adult Breakfast \$ 1.55 per day

Account Balance Information

crosonc@newtoncsd.org

Food Service Supervisor

641-792-5797ext. 2001